



Annual Report

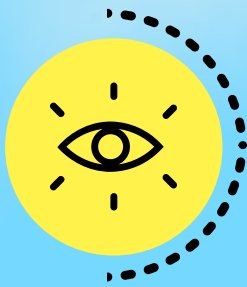
2022 - 2023

Centre for Health and Social Justice

Our interventions on both sides of the Iceberg

1 CRISIS RESPONSE

Comprehensive Crisis Support Services for the Survivors.



GENDER BASED VIOLENCE

GENDER BASED DISCRIMINATION

VIOLENCE AGAINST WOMEN

2 COMMUNITY ACTION

Community Action Groups for Community Level Action and Solidarity with the Survivors



3 COMMUNITY GROUPS

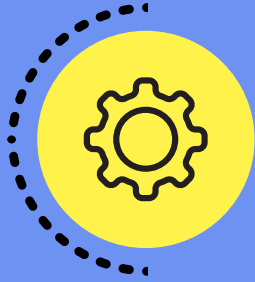
Community Groups of Women, Men, Adolescent Girls, and peer groups to build solid awareness and understanding against social injustice.



POWER & PATRIARCHY

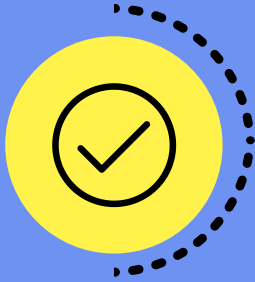
4 CAMPAIGN & TRAININGS

Intensive Trainings and Massive Awareness campaign Against Patriarchy and Gender Discrimination



5 RECIPROCATING ENVIRONMENT

Enabling a gender-just and empathetic environment for making women visible



Introduction

In just three years, CHSJ will proudly celebrate an incredible milestone of 20 years of dedication, resilience, and unwavering commitment. The recent times have truly tested us with significant structural change, daunting financial challenges, and colleagues embarking on a new journey. Despite it all, we have remained resilient and determined. We are now better equipped to navigate uncertainties, adapt to changing circumstances, and remain true to our mission.

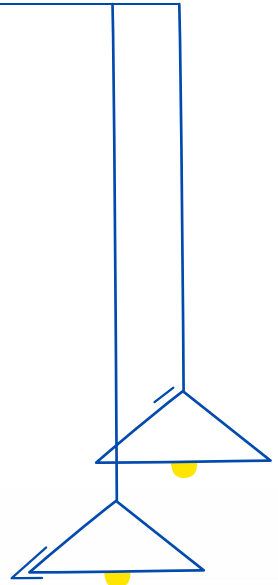
In the midst of chaos, our partners and communities became our unwavering pillars of strength and inspiration. Thanks to Edelgive Foundation's #Grow100 fund, we've been empowered to nurture leadership, enhance risk management, foster organizational development, and elevate the communication department. This grant lit a fire of motivation, propelling us forward in our quest to build a dynamic leadership team.

As we stand on the brink of our twentieth year, it is not with fear but with a renewed sense of purpose and an ignited passion in our hearts. Our journey bears witness to the enduring power of dedication, the potency of collaboration, and the indomitable spirit of those who refuse to yield. Together, we shall persist in our ascent, and continue to inspire and contribute meaningfully to a world in dire need of positive change.

Thank You



Shilpa Bisht
Executive Director
CHSJ, India



FOREWORD

On behalf of the Trustees of the Centre for Health and Social Justice (CHSJ) it gives me great pleasure to present to you our Annual Report for the 2022 - 23.

This year has been memorable in many ways. As communities started to rebuild their lives after the devastating Covid 19 pandemic, our teams in Kolkata, Delhi and Banda (UP) worked in tandem with them. Our focus has remained supporting women's empowerment and helping them lead violence free lives. In addition we also work with adolescents as well as older people. The following pages will provide you with a glimpse of the work that has been ongoing. CHSJ has been a pioneer in working with men and boys to create an enabling environment for gender equality. This year we were asked to support UNICEF in their work on promoting positive masculinities among boys in several states, acknowledging our expertise.

CHSJ has been undergoing a process of leadership transition and by the end of the year we completed the process with the appointment of our new Executive Director, Ms Shipla Bisht. Ms Bisht has come with a wealth of experience in both the non-profit and corporate sectors and we look forward to a new phase of growth under her leadership.

CHSJ's long experience in community development was nationally recognised through the GROW grant (GROW's 100) and this has been invaluable to us for strengthening institutional processes and leadership transition.

As always our work would not have been possible without the unstinting support that we are privileged to receive from our partners, donors and of course the members of the community, who are our inspiration and our guide.



Dr. Abhijit Das

Managing Trustee, CHSJ, India

Clinical Associate Professor

Department of Global Health

University of Washington, Seattle



PROGRAMS AT A GLANCE



LIFE CYCLE APPROACH

Empowering Women Through Leadership Building and Peer Support



**25 Women's
Collectives**



**652
Participants**



**147
Group Meetings**



**2490
Presence**

CHSJ is committed to empowering women through leadership building and peer support. Drawing from a decade of grassroots experience, we recognise that sharing knowledge and strengthening gender awareness is crucial for community and societal progress. We manage various community groups to facilitate impactful community engagement and foster effective partnerships for positive change, promoting a brighter, more equitable world and an inclusive gender-just society. To work the most impactful participation of the communities and an effective partnership towards the change, CHSJ is managing different community groups, i.e.

- 25 Women's Groups in 25 marginalised communities in Kolkata and South 24 Parganas, West Bengal, with 652 members
- 25 Community Men's Groups focused on countering domestic violence and violence against women
- 20 Community Action Groups comprising leaders from both Men's and Women's groups, dedicated to combating community violence against women and engaging with government officials

Regular group meetings and multi-layered training sessions were conducted, including two basic trainings on gender and sexuality, as well as patriarchy and power. These foundational trainings were followed by advanced-level residential training programs.

CHSJ conducted Leadership Workshops alongside basic and advanced training to empower women. These workshops aimed to foster an environment where women can celebrate life in a gender-just and equitable world, taking on collective leadership roles for accessing government services. The workshops focused on developing leadership qualities through participatory practices and strategic planning, including legal and social engineering tactics, along with standard operating procedures for community-level actions.

During the trainings and workshops, over 250 women and 50 men actively participated and shared their knowledge gained from CHSJ's programs with over 1000 community members through workshops.

CHSJ conducted participatory urban appraisals in 22 urban and peri-urban communities in Kolkata and South 24 Parganas. Additionally, a thorough Safety Audit of urban infrastructure and women's safety perceptions in 17 communities was carried out with the assistance of the University of Illinois - Urbana Champaign. The outcomes of these assessments were presented at district and state-level dialogues in Kolkata, with objectives including sharing findings, raising awareness and solidarity among women from various communities, communicating results to service providers, seeking suggestions from participants, and updating the community about available services at different levels.

- Media Report on the Dialogue:

1. <https://www.groundxero.in/2022/09/25/urban-marginalized-women-safety-survey/>
2. <https://nagorik.net/society/women-liberation/parichiti-audit-differs-with-ncrb-report/>
3. <https://www.telegraphindia.com/my-kolkata/news/study-bares-why-women-feel-unsafe-in-kolkata/cid/1888051>



**8 Collective
Tranings**



**250 Training
Participation**



**6 Point
Recommendations
against GBV & DV**



**100 Hours of
Participatory
Discussion**



**Safety Audit
& PUA in
25 Communities**

**Together for Change: Inspiring
Leadership and Action**

www.chsj.org

ANNUAL CONFERENCE FOR WOMEN

CHSJ hosted an Annual Women's Conference this year to promote awareness and solidarity among women in various communities in Kolkata. The event celebrated the contributions and achievements of marginalised women. Over 300 attendees, including educators, social workers, advocates, researchers, social activists, media representatives, and women from diverse backgrounds, participated. The conference's broader goal is to engage more people and organizations in the fight against gender-based violence and the advancement of women's equality. An action plan was under process to achieve the goal and objectives.

Media Report on the Annual Conference:







1. <https://www.telegraphindia.com/my-kolkata/news/hard-fought-battles-won-with-a-little-help/cid/1918984>
2. <https://www.groundxero.in/2023/03/12/it-is-important-to-question-the-corporate-model-of-women-empowerment/>

scan for more



Crisis Support Centre: CSC

24 x 7 active one-stop comprehensive support centre for survivors of violence

 Legal Services	 Referral Services	 Health Support
 Psychological Counselling	 Social Mediation	 Ration Support

CHSJ's Crisis Support Centre (CSC) offers comprehensive, 24X7 support to survivors of Gender-based Violence. In the 2022-23 financial year, the CSC received over 3000 calls from survivors, highlighting the need for effective support regardless of social or economic conditions. Each call averaged 90 minutes, directly assisting more than 500 cases and successfully referring 100 cases to government service providers. CHSJ emphasises a compassionate, solidarity-building approach over mere tick-marked support.

 3000 Calls Received from survivors	
 500 Services Delivered to survivors	
 100 Cases referred to Govt. Service Facilities	

 The CSC has received over 60 cases referred by government service providers, including police stations and government advocates. CHSJ's Women's collectives and Men's groups, active in 25 communities, are engaged in combating gender-based-violence and violence against women.

Legal Awareness in Communities

CHSJ recognised the lack of legal literacy among the majority of Indians, as a critical life skill, especially for women facing vulnerability in society. Legal Awareness Programs were conducted in 10 communities to empower people with legal knowledge and inform them about legal services, and the laws protecting them. Approximately 510 community members, predominantly women, attended, and speakers reached an additional 4,485 people through nearby setups. Leaflets were distributed to raise awareness about laws like Section 498A, Section 125, Protection of Women from Domestic Violence Act 2005, and the Protection of Children from Sexual Offences Act 2012 (POCSO). The initiative aimed to educate communities, particularly women, on their rights, justice services, and protection against injustice, ultimately reducing future incidents of violence.

10
LOCATIONS

510
PEOPLE

4485
ENGAGEMENTS



Domestic Workers Collectives: Samadhan Dal

Among the important initiatives taken by CHSJ, a prominent one is their unwavering support for a network comprising 2000 domestic workers scattered across Kolkata city, known as Samadhan Griha Sramik Dal. This initiative encompasses a holistic approach aimed at nurturing the confidence and leadership potential of these women workers. Through this, CHSJ not only improves the current circumstances of these women but also equips them with the skills and mindset needed to pave the way for a better future for them and for society as a whole. CHSJ has been working with domestic workers for many years and recently has expanded its work on skill building of our team of 2000+ domestic workers and has done digital literacy training recently.

SCAN FOR MORE



IMAGE COURTESY

The Red and Gold Pen
The University of Edinburgh



Ballygunge Samadhan Dal claiming equal access in public spaces - The Example of Courage and Strength and Empowerment

More than 60 urban poor women engaged in unorganised sector jobs, mostly working as domestic workers formed a Women's Collective - Ballygunge Samadhan Dal five years ago. They have set a remarkable example of social mediation and reclaiming public spaces for community women in the last five years. The members of the Samadhan Dal try to reach out to the victims of domestic violence, and survivors and mediate the process impactfully through social counselling.

Recently, a woman was facing domestic violence at her in-law's place. After getting this information from a trusted source, Ballygunge Samadhan Dal immediately reached out to the survivor and helped her negotiate with her husband's family.

The Ballygunge Samadhan Dal has secured their official presence in a local club, where historically men and boys were in control of that space. The Samadhan dal has been successful in arranging a space in the club premises for their regular meetings and a recreation place for women in the locality. For this extraordinary achievement and example set by the members of Ballygunge Samadhan Dal, they were awarded the 'Sera Samadhan Dal Samman 2023'

Building Leadership Among Adolescent Girls

CHSJ has a very strong network of 850 youths from 20 villages and 7 Slum areas of Naraini Block of Banda district in Uttar Pradesh and Kolkata in West Bengal. They have been provided with life-skill training sessions and coaching classes to continue their education. After working with the pandemic-affected marginalised communities, CHSJ identified that one key area that needs focused interventions is investing in youth for their continued education, linking with skill-based livelihood opportunities, and improving their overall health.

In the state of West Bengal, specifically Kolkata region, the youth empowerment initiative has shown significant progress with a total of 144 sessions conducted. These sessions have been instrumental in engaging and educating young individuals about various aspects of empowerment, including skill development, education, and personal development. The program has successfully attracted 75 new registrations, indicating growing interest and participation among the youth in the region.

Community Campaign

In 2022, CHSJ organised 16 Days of Activism against Gender-Based Violence in Kolkata and 24 South Parganas covering two municipal corporations, two-gram panchayats, and two blocks. CHSJ believes in making women visible in spite of the solid confrontation of patriarchal barricades. Almost 1500 women and girls including 800 domestic workers directly participated in the 2022 campaign, while almost 6000 people were indirectly contacted through leaflet distribution, wall painting, and poster campaigns. At the 16 days campaign, Parichiti, Kolkata unit of CHSJ at various communities, struggling with different socio-economic conditions, uses a variety of interactive activities including street plays on promoting gender equality, games of role reversal, activities breaking the gender cage, and sudden extempore on gendered issues. Through the participatory activities, Parichiti creates strong awareness against gender-based violence, engaging men of the community in the path of a gender-equal society. The Samadhan Dals (a self-sustained group of women domestic workers) along with the Samatar Sathi Groups (A team of community men, for campaigning gender equality) leads to organise the campaigns and other activities around the year.

GENDER MELA

25 NOV - 10 DEC 2022



The Gender Mela 2022: The Concluding Event of the Community Campaign 2022

The Gender Mela was the concluding event of the 16 Days of Activism against Gender-Based Violence 2022, which was organised on 10th December on the occasion of International Human Rights Day 2022. To organise the event at the Municipal ground of the 92 Ward of Kolkata Municipal Corporation, CHSJ reached almost three lawmakers (Municipal Councilors and Member of Legislative Assembly - Ballygunge Constituency) and the Kolkata Municipal Development Authority.

The Gender Mela was attended by more than 600 community participants and 300 representatives of various organisations working on the development of women's lives. The event was inaugurated by the local municipal councilor and registered survivors of the crisis center. The cultural events were being performed by groups of special children, Trans-persons, and adolescent girls. Here is some information about the event:

CHSJ was successful in arranging the Gender Mela with the active participation of the community women in support of community men's groups. There were seven stalls for seven Samadhan Dals who are notably active in their communities and leading the others by sharing the knowledge of gender equality, and the rights of women. Other community members and passing citizens were moving rotationally from stall to stall to participate in activities including street play promoting gender equality, games of role reversal, activities breaking the gender cage, and sudden extempore on gendered issues.



Healthy Second Innings: DIDA - Examples of Determination



**07 Drop-in
Centers in
05 Locations**



**260 Registered
Elderly Women**



**650 Well-being
Sessions**



**14500* Food
Items Distributed**

- CHSJ's Dida Centres address the unique needs of elderly women, promoting their health and well-being. These centers offer companionship, support, and essential provisions like food, dry rations, and medicines. With over 250 Didas across seven centers in Kolkata, CHSJ aims to expand to 10 Dida Centres due to demand from the community.
- The centers provide recreational activities like group games, discussions, storytelling, and cultural events, fostering companionship and reducing loneliness. Health camps cater to the specific needs of elderly-women, offering check-ups, consultations, and medication distribution, ensuring their overall well-being.
- For the last five and half years, CHSJ has been working towards providing care and wellness to elderly women in six locations in Kolkata. Recognizing the need to improve their overall quality of life the centres provide food, dry ration, and medicine to them and the centres are spaces for them to engage in recreational activities, health camps, and discussions.

*units

Promoting Men and Boys Accountability for Gender Justice

- CHSJ works on ensuring the responsibility of men and boys for gender equality through the Eksaath Campaign with its partners, networks, and direct implementation of projects. This year, one meeting has been organized with Ek Saath Campaign partners to rebuild the momentum.
- Apart from the Eksaath Campaign, CHSJ is also working with youths to build their leadership through a mentorship program. The programme covers 20 villages of Naraini block in Banda district of Uttar Pradesh and includes 500 adolescent girls and boys. It has reached out to more than 30,000 community members, including parents, family members, Panchayat Leaders, School Management Committees, PRI members, local politicians, ASHA, Anganwadi Workers, ANM, etc.
- Also, CHSJ organising 250 Men and Boys from 25 Men's collectives located at marginal urban and peri-urban settlements of Kolkata and South 24 Parganas of West Bengal. These men are playing a supportive role in addressing and combatting violence against women in localities via reciprocating good practices.



Practicing Positive Masculinities for Gender Transformative Change

CHSJ has been working closely with UNICEF to develop youth leadership for Positive Masculinities in different states. CHSJ in collaboration with Assam Branch Indian Tea Association (ABITA) and supported by UNICEF organised six days of residential training for trainers (TOT) for Tea Garden Coordinators and Circle Coordinators on positive masculinities in October and November 2022 in Dibrugarh and Tezpur, Assam. The main objective of the training workshop was to create a deeper understanding of masculinities and their relation to social identity, violence, and discrimination. The training and capacity-building workshop helped more than 150 participants explore ways to address gender inequality and social injustice through a positive masculinity lens. The sessions were planned to help the trainers find ways to adopt positive masculinities in working with adolescent boys and girls in the tea garden areas of Assam. Over the six days, the participants shared personal reflections about the impact that patriarchy has had on their own lives; watched films, sang and danced together; discussed practical interventions for challenging harmful social norms and building new ways of thinking and acting; and shared a plan of intervention and collective action.

Under this project, a need assessment study was conducted by CHSJ in Ajmer and Udaipur of Rajasthan from 12 to 15 November 2022. The main focus of the visit was to understand the work and identify the challenges and backlash coming out of the project. Discussions were organized with different community people and stakeholders during the visit around various manifestations of backlash/ resistance that are meted out to boys trying to practice positive masculinity and break stereotypes around their role. Two organisations, Jatan Sansthan in Udaipur and MJAS of Ajmer were part of the Need Assessment study. The briefing meetings were held with all the core staff of both organizations. The core staff members of the organizations helped the CHSJ team to understand the project and what processes were taken up under the project. Field visits were organised and discussions were held with adolescent groups and parents. Discussions were held separately with boys group members, girls group members, and mothers and fathers of adolescents.



Senior Consultant Satish Singh talking with young boys at the Labour Club of Singlijan Tea Estate of Dibrugarh, Assam

Reclaiming Gender Justice Programme

Under IDS project, CHSJ is working with two collectives – a transgender rights collective in Kolkata working on the rights of the transgender community, and Hum Kadam or HK, which is a group of seven male activists working with men and boys on gender equality in the state of Uttar Pradesh or UP).

For the Hum Kadam Collective, the plan was to co-facilitate a series of three workshops with the group: The first workshop was held in April 2022 which was on reflection on individual journeys in social justice work amidst polarizing politics in Uttar Pradesh. The second workshop held in June 2022 – Shared feedback on efforts to foster harmony between Hindu and Muslim communities and discuss caste and social justice issues. The third workshop, September 2022 focused on visiting sacred sites promoting communal harmony and reflecting on their contribution to cultural coexistence.

For the transgender rights collective: A scoping study was conducted to assess the transgender community's situation post-Transgender Act (2019). Communication materials and knowledge products like three video films and three posters depicting transgender lives were created in this financial year. A Stakeholder Dialogue was organised to share findings and launch a Transgender Helpline.

In order to review the first year of the Action Research intervention of the **Countering Backlash project**, as well as take a deep dive into the complexities of the two themes of gender-related backlash taken up by CHSJ, a four-day residential workshop on Action Research Review and Strategy was organised on 23-26 February 2023 at Goa. This workshop cum Thematic Convening deliberated on the issues of – countering the adverse impacts of hegemonic Hindutva masculinity on efforts to promote gender justice in Uttar Pradesh and countering the superficial narrative of gender equality for the transgender community created by the enactment of the Transgender Persons (Protection of Rights) Act 2019. The event brought together 16 participants, from the two partner Collectives who were involved in the Action Research and resource persons of the project.

Watch 'Mukho Mukhi - Face to Face'

A Documentary by CHSJ

12 Minutes 40 Seconds,



Empowering Development at Janta Majdoor Colony of East Delhi

Our Delhi programme intervention in East Delhi led to the active participation of women and young girls in various workshops on Gender, Sexuality, Health Rights, etc.

- 40 Community Meetings on Reproductive Health and Rights were organised.
- 100 Adolescent Girls were Mobilized and Trained on Lifeskills and Body Literacy.

THE JOURNEY BEGINS WITH
100 CHANGEMAKERS

#GROW100

Centre for Health and Social Justice is a part of **#GROW100** - a collection of stellar grassroots organisations from across India!

The GROW Fund is a first-of-its-kind initiative by EdelGive Foundation aiming towards building a resilient civil society and strengthening 100 grassroots organisations from across India over a period of 24 months. CHSJ is going to intervein:

- Capacity and Leadership Building among Staff on Risk Management, Organisational Development, and Communication.

To know more, visit <https://edelgive-growfund.org/grow-100/>

■ 2 Major Research Papers published in FY 2022 - 2023

Dalit Amongst Dalits: Social exclusion of Dalit women and its impact on their health and wellbeing: An inquiry into the impact of multiple layers of marginalisation faced by Dalit women on their health and wellbeing in India



CHSJ conducted a study on systemic discrimination affecting Dalit communities, who have historically endured untouchability. Despite their resilience, constitutional measures to address this injustice face resistance due to deep-rooted caste bias. The study highlighted systemic, multi-layered marginalisation, especially among Dalit women, who bear the burden of caste, class, and patriarchy. The major findings of the study are – Physical segregation and discrimination in public spaces, leading to intensified vulnerabilities and limited agency and ongoing caste and patriarchal exploitation, often manifested as violence and abuse. These injustices persist, emphasizing the urgent need for comprehensive societal change and empowerment for marginalized Dalit sub-groups.

Exploring the Health of Muslim Women Beedi Workers in Eastern Uttar Pradesh: A Study of Compounding Vulnerabilities and Health Morbidity

CHSJ conducted a study on the health of Muslim women beedi workers in Jaunpur, Uttar Pradesh, India. The beedi industry, once factory-based, is now predominantly home-based, employing a large number of poor and vulnerable women. With minimal state regulation, poor working conditions, and labor malpractices prevail. This research highlighted the compounded impact of gender, caste, and religious factors on the health and reproductive well-being of these women. Their social identities restrict their job choices due to societal constraints, limiting their opportunities to a narrow range of work, and emphasizing the need for improved conditions and support for these marginalised workers.





Organisational Development: Staff Capacity Building

Training on Documentation through Videography

Comprehensive training is vital for effective communication. Videography training equips members to communicate the organization's impact clearly. It covers basics, technicalities, video processing, and hands-on skills. The videography training was held in May 2022, where participants learned video enhancement, recovery, and compression, gaining practical experience with modern techniques and tools. The training emphasized the significance of V-Roles and provided real-world examples. Armed with these skills, participants were ready to create impactful videos that aligned with the organization's goals, fostering growth and development in videography.

Training on Sexuality and Intersectionality

CHSJ is committed to inclusive social development, actively engages in sharing best practices and understanding diverse social dynamics. The organisation works towards an equal, gender-just world including building resilience and acceptance of gender and sexual diversities using an intersectional approach. This involves exploring sexual preferences, intersectionality, and privilege. Through interactive activities, team members learned how sexual preferences intersect with aspects like race, gender, and socioeconomic status, revealing unique challenges and advantages based on individual backgrounds in a training workshop held in January 2023.

POSH Training

A new Internal Complaint Committee was formed for this year. All old and new members were provided orientation about the existing provisions under the Prevention of Sexual Harassment laws in a day-long training in June 2022. No complaints were received.

CENTRE FOR HEALTH AND SOCIAL JUSTICE (CHSJ), NEW DELHI
CONSOLIDATED INCOME AND EXPENDITURE OF FOREIGN CONTRIBUTION & GENERAL ACCOUNT
FOR THE PERIOD 01ST APRIL 2022 TO 31ST MARCH 2023

PREVIOUS YEAR	EXPENDITURE	Schedule	CURRENT YEAR	PREVIOUS YEAR	INCOME	Schedule	CURRENT YEAR
	UTILIZATIONS:				GRANTS:		
	<u>Expenditure met from General Grant</u>	Sch-V			<u>General Account (incl. Interest)</u>		
4,607,908	Programme Expenses		6,737,208	8,567,184	Received During the year		9,102,500
906,380	Administrative Expenses		2,203,066	229,477	Add : Unutilized as on 01/04/2022		3,329,103
	Project Assets		277,351	46,730	Add : Bank Interest (Project fund)		119,096
				(3,329,103)	Less : Unutilized as on 31/03/2023		(3,333,074)
	<u>Expenditure met from Foreign Grant</u>	Sch-I			<u>Foreign Account (incl. Interest)</u>	Sch-I	
10,540,418	Programme Expenses		3,791,641	3,681,637	Received During the year		6,629,827
793,796	Administrative Expenses		663,147	4,133	Add : trfr from Bank Interest		-
	Fixed Asset		-	8,418,857	Add : Unutilized as on 01/04/2022		770,413
				(770,413)	Less : Unutilized as on 31/03/2023		2,945,452
	<u>CHSJ Programme Expenses-General</u>				<u>CHSJ Programme Income-General Account</u>	Sch-III	
119,817	Programme Expenses		75,600	50,000	Received During the year		-
-	Administrative Expenses		-	-	Less : Refund during year		-
				69,817	Add : Trfr from General Reserve to Meet the Exp		75,600
	<u>Admin. Expenses General Account</u>						
83,669	Office Expenses		73,568				
68,153	Travel Expenses		42,245				
120,000	Fund Raising		252,000				
1,501	Bank Charges		1,931	413,354	Bank Interest		442,477
56,791	Trustee Meeting		81,144	19,874	Other Income (incl. scrap/exch. of old assets)		17,305
43,340	Vehicle Running Cost		68,543	1,858	Transfer from Capital fund for Written off		-
219,835	Legal & Audit Fee		299,099	29,238	Depreciation transfer from Capital Fund		109,070
78,625	Salary		-	-	Donations		65,000
-	Consultancy Cost		1,605,700	-	Transfer from Reserve Fund		2,674,400
28,574	Digital Transformation		-				
-	Communication		-				
30,000	Rent & Electricity		-	54,942	Bank Interest on saving		48,767
-	NPS		37,500	-	Interest earned on TDS Refund		-
-	Recruitment Cost		577,610	90,311	Interest earned on Fixed Deposits		-
				4,226	Transfer from Capital fund for Write off		48,767
20,620	Written Off of Assets		-	4,226	Depreciation transfer from Capital Fund		18,263
190,443	Depreciation		231,173	23,125			15,800
	<u>FC Account</u>						
48,465	Salary		-				
-	Office Expenses		21,171				
70	Bank Charge		3,611				
23,125	Depreciation		15,800				
4,226	Written of Assets		18,263				
96,718	Transferred to Restricted Fund		-	477,227	Excess of Expenditure over Income		-
	Excess of Income over Expenditure		1,954				
18,082,474	Total Rs.		17,139,095	18,082,474	Total Rs.		17,139,095

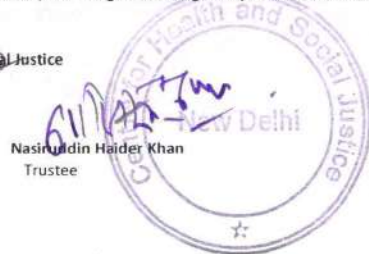
The schedules referred to above, including Accounting Policy Notes form an integral part of the financial statement

In terms of our even dated report Attached



For & on behalf of:
Centre For Health and Social Justice

Abhinav Das
 Managing Trustee



Nasiruddin Haider Khan
 Trustee



for Subhash Mittal & Associates
 Chartered Accountants
 Firm Regn. No. - 009976N

Subhash Mittal
 Partner

Membership No. 982619
 UDIN: 23083619BC7CINN6361

Finance Receipt and Payment

CENTRE FOR HEALTH AND SOCIAL JUSTICE (CHSJ), NEW DELHI
CONSOLIDATED RECEIPT AND PAYMENT OF FOREIGN CONTRIBUTION & GENERAL ACCOUNT
 FOR THE PERIOD 01ST APRIL 2022 TO 31ST MARCH 2023

PREVIOUS YEAR	RECEIPT		CURRENT YEAR	PREVIOUS YEAR	PAYMENT		CURRENT YEAR
	OPENING BALANCE:				GRANTS UTILIZATION:		
8,209,034	FC Account (Cash & Bank)	648,278.0		5,444,288	General Account		8,940,274
11,002,055	General Account (Cash & Bank)	13,466,318.0		11,334,214	FC Account		4,454,788
253,355	FC Account - Advances & Imprest (Net)	262,385.0					
205,028	General Account- Advances & Imprest (Net)	435,315.0	14,812,296.0		CHSJ PROGRAMME EXP.		
				119,817	General Account		75,600
				110,000	FIXED ASSETS:		
	GRANTS:				General Account		277,351
3,685,770	FC Account	6,629,827.0					
145,253	Bank Interest-FC Account	48,767.0	6,678,594.0		Admin. & Other Expenses:		
8,567,185	General Account	9,102,500.0		730,488	General Account	3,039,340	
46,730	Bank Interest - General Account	119,096.0	9,221,596.0	48,535	FC Account	24,782	3,064,122
	CHSJ PROGRAMME RECEIPTS:				SECURITY DEPOSITS:		
50,000	General Account			60,000	General Account		
	OTHER RECEIPTS:				CLOSING BALANCE:		
495,228	General Account		524,782.0	648,278	FC Account (Cash & Bank) A/c.	2,834,269	
				13,466,318	General Account (Cash & Bank) A/c.	10,846,736	13,681,005
				435,315	General Account- Advances & Imprest (Net)	468,710	
				262,385	FC Account - Advances & Imprest (Net)	275,418	744,128
32,659,638	Total Rs.		31,237,268	32,659,638	Total Rs.		31,237,268

The schedules referred to above, including Accounting Policy Notes form an integral part of the financial statement

For & on behalf of:
 Centre For Health and Social Justice
 New Delhi

 Abhijit Das
 Managing Trustee


 Nasiruddin Haider Khan
 Trustee

In terms of our even dated report Attached

for Subhash Mittal & Associates
 Chartered Accountants
 Firm Regn. No. - 009976N


 Subhash Mittal
 Partner
 Membership No. 083619

UDIN:

23083619BGYQMN6361

Finance Balance Sheet

CENTRE FOR HEALTH AND SOCIAL JUSTICE (CHSJ), NEW DELHI
CONSOLIDATED BALANCE SHEET OF FOREIGN CONTRIBUTION & GENERAL ACCOUNT
AS ON 31ST MARCH, 2023

PREVIOUS YEAR	LIABILITIES	Schedule	CURRENT YEAR	PREVIOUS YEAR	ASSETS	Schedule	CURRENT YEAR
5,000	CORPUS FUND		5,000		FIXED ASSETS		
	CAPITAL FUND			785,435	General Account	Sch-VI	795,827
	Capital Reserve			71,525	FC Account	Sch-II	37,462
1,168,564	General Account		1,336,845		CURRENT ASSETS		
71,525	FC Account	Sch-II	37,462		Security Deposits		
					General Account		
	REVENUE RESERVE			95,500	Balance Brought Forward		93,500
	Income & Expenditure A/c			(62,000)	Less : Security Refund		-
	General Account			60,000	Addition during the year		-
560,177	Balance Brought Forward		82,950				93,500
(477,227)	Add: Excess of Income over Exp.		1,954		Loans & Advances		
					General Account	Sch-VIII	468,710
		Sch-IX		435,315	FC Account	Sch-IV	275,418
	General Reserve			262,385			
	General Account				Bank & Cash Balances		
10,216,707	Balance Brought Forward		10,146,890		General Account		10,846,736
-	Add : Surplus during the year		-	4,369,938	FC Account		2,834,269
(69,817)	Less : Transfer from Reserve Fund		2,750,000	648,278			-
			7,396,890		Fixed Deposits		-
					General Account		-
					FC Account		-
	Revolving Fund-Material			9,096,380			
	General Account						
48,060	Balance Brought Forward		48,060				
-	Less : Transfer For Material Printing		-				
-			48,060				
	FC Account		-				
	RESTRICTED FUNDS(Grants)						
3,329,103	General Account	Sch-V	3,333,074				
910,663	FC Account	Sch-I	3,109,687				
	CURRENT LIABILITIES:						
	Committed Liabilities						
	General Account						
15,762,755	Total Rs.		15,351,922	15,762,755	Total Rs.		15,351,922

The schedules referred to above, including Accounting Policy Notes form an integral part of the financial statement

For & on behalf of:
 Centre For Health and Social Justice



Abhijit Das
 Managing Trustee

Nasiruddin Haider Khan
 Trustee



In terms of our even dated report Attached

for Subhash Mittal & Associates
 Chartered Accountants
 Firm Regn. No. - 009976N



Subhash Mittal
 Partner
 Membership No.083619

UDIN: 23083619BGYQMN6361

SURVEY ACROSS FIVE WARDS

Study bares why women feel unsafe in city

DEBRAJ MITRA

Calcutta: Streetlights are cloaked in foliage. Railway tracks turn into gambling and drinking dens after dark. Access to police is a major challenge.

A recent survey conducted by a city NGO focused on neighbourhood issues that made women feel unsafe.

The findings of the survey were shared at a programme on Wednesday. The issues usually do not figure in formal government reports, such as that of the National Crime Records Bureau. But it affects women on a daily basis.

The study, dubbed a safety audit, was conducted in five wards of the Calcutta Municipal Corporation — 117, (Mahabirtala in Behala), 91 (near Ballygunge station), 109 (Shahid Smriti Colony, off EM Bypass, in Panchasayar), 67 (Swinhoe Lane near Kasba) and 108 (China Mandir in Anandapur).

The areas are made up of colonies and slums and were described as “marginalised working-class hamlets” by the people involved in the study. Close to 100 women were part of the survey.

“The study was aimed at gauging the scale of harassment inside and outside the home. We hope the findings help in building a safer

infrastructure for women,” said Kakuli Deb of Parichiti, a unit of the Delhi-based Centre for Health and Social Justice.

Parichiti, which works to empower marginalised women in and around Calcutta, conducted the study.

Some of the findings

- In Shahid Smriti Colony, most of the street lights near a park are covered by trees, making the area dark. Many local women said they avoided the area after sundown.

- Almost all the pockets surveyed had men assembling on the banks of ponds and near railway tracks — wherever there is a rail route — in the night. The areas then turn into drinking and gambling dens. The respondents said they were scared to pass by such areas.

- Barring Shahid Smriti Colony, no other area had any police booth or outpost. Filing a police complaint was very difficult, said women from all the areas surveyed.

- In Mahabirtala, several community toilets have broken doors. Men often peep through holes in the walls of some toilets. The toilets in Swinhoe Lane have a similar problem. Men and women often share the same toilet and many women said they were not comfortable

using the toilets, especially during periods.

- Women from all pockets said they faced harassment in the form of flashing and catcalls. Domestic violence, as a result of alcohol and substance abuse, was reported from at least two pockets.

While the safety audit focused on neighbourhood problems, another study, conducted by the same NGO, dwelled on the various forms of harassment faced by women across 17 urban communities, including the five mentioned earlier.

The areas span slums and colonies in Golf Green, Jodhpur Park and Nonadanga, among others. This covered over 219 women.

Close to 34 per cent of the women said they faced verbal abuse and some 35 per cent said they faced physical abuse. Close to 58 per cent of the cases of physical abuse was attributed to alcohol consumption.

The researchers’ recommendations included sufficient street lights in working condition, hygienic and private toilets for women, sensitisation of cops and closure of illicit liquor-making units.

“The community men’s groups should campaign against the increasing rate of domestic violence cases on women,” the study recommended.

Survivors speak of help received from crisis support centres set up by Parichiti

Hard-fought battles won with a little help

DEBRAJ MITRA

Calcutta: The in-laws of a schoolteacher would give her work just when she was about to leave for work. Refusal would mean taunts.

A domestic help accused of theft by her employers faced public shaming. But after the missing item was found at the apartment, the employers offered a private apology.

Inside an auditorium at Shri Shikshayatan School on Saturday, several women shared how they faced torture inside and outside their homes before seeking help.

The survivors on stage and many more in the audience found help in the form of support centre launched by a

women’s collective in 2021.

A woman in her 40s, from Belgharia, called the helpline in the middle of last year. She used to be a schoolteacher. But her in-laws were against her going out for work.

She was forced to get up at 3am and finish all the domestic chores.

But even then, just before she would leave, the in-laws and her husband would give her some work. She would often get late.

Protests would sometimes allegedly earn her a beating. She had been thrown out of her in-laws’ home in the dead of the night more than once.

Fed up, she contacted the support centre. Now, she lives in a rented house. She

gives tuition to children to eke out a living. She has filed for divorce.

“The psychological counselling really helped me. Earlier, I would cry. Now, I am willing to fight,” the woman told the programme on Saturday.

The programme was organised by Shri Shikshayatan School and Parichiti, an NGO which works to empower marginalised women and ensure better working conditions for women.

A unit of the Delhi-headquartered Centre for Health and Social Justice, Parichiti provides legal and psychosocial support to the survivors of violence through crisis support centres.

The centres promise one-

stop assistance for victims of domestic abuse, sexual, workplace and any other form of harassment.



The psychological counselling really helped me. Earlier, I would cry. Now, I am willing to fight

DOMESTIC VIOLENCE SURVIVOR

They started in Calcutta and its southern fringes in 2021.

Now, the centres are also functional in North 24 Parganas, Howrah and Birbhum.

“The crisis support centres have been getting several phone calls every day. Apart from the 24 X 7 helpline of 9830768761, we have local teams, comprising both male and female volunteers, reaching out to those looking for help,” said an official of the organisation.

A teenager, flashed at more than once by an elderly person, was one of the recent callers.

A woman complaining about curbs on fire movement in her neighbourhood because of drinking and gambling dens also called.

Parichiti started by working for the rights of domestic

workers. There is still a long way to go in that journey, said more than one volunteer.

Many of the women who seek help are domestic workers harassed by employers. Some seven months ago, a domestic help was accused of stealing a necklace by her employer, the residents of an upscale highrise off Byasse.

She was allegedly heckled, first by the employers and then by police.

“Her picture was circulated among the residents’ association, branding her a thief. But after a few days, the necklace was found at the home. The family then asked the woman to come back to work. But she refused and demanded an apology. The apology came, but behind closed

doors,” said a representative of Parichiti.

In her inaugural address, Bratati Bhattacharyya, secretary-general and CEO of Shikshayatan Foundation, stressed the need for education for gender equity.

A panel discussion that followed focussed on the current challenges faced by women in and outside their homes.

Koyel Ghosh, managing trustee, Sappho for Equality, Nandini Ghosh, who teaches at the Institute of Developmental Studies, Kolkata, women’s rights activists Priyanka Das and Anindita Majumdar, Aparajita Sanyal, assistant professor at Calcutta Business School and advocate Nilanjana Sarkar, were part of the panel.



বাড়তি কাজের চাপেই কি চুরি হচ্ছে মেয়েদের ঘুম

ঝজু বসু
কুস্তক চট্টোপাধ্যায়

কী করেন তো বুঝলাম, ঘুমোন কতটুকু?

লেডিজ কামরার সহযাত্রী বান্ধবীটির সঙ্গে গল্পে বড় হয়ে দেখা দিয়েছিল এই প্রশ্নটাই। বছর দুয়েক আগে 'ডেলি প্যাসেঞ্জার'-র সূত্রে ওই মহিলার সঙ্গে ভাব জমে যায় রাজ্য সরকারের পদস্থ আমলা আর এক গৃহকর্ত্রীরা। রোজ ব্যান্ডেল থেকে কলকাতার ট্রেনে উঠতেই দেখা হয় গড়িয়াহাটের এক দোকানের কর্মী, ওই মহিলার সঙ্গে। তাঁর বাড়ি বর্ধমান থেকেও অনেকটা ভিতরে। ভোর চারটেয় উঠে বর, ছেলেমেয়ের জন্য রান্না করতে হয়। কলকাতা থেকে

ফিরতে রাত নটা। তার পরে রাতের রান্না। সবাইকে খাইয়ে বাসন ধুয়ে রাত ১২টায় ছুটি।

অনেকটা সেই জয় গোস্বামীর কবিতার রেলগাড়ির চালের বস্তাধারিণীদের কথা, 'ঘুমপাড়ানি মাসিপিসি রাত থাকতে ওঠে'! রাজ্যের ডেপুটি শ্রম কমিশনার তানিয়া দত্ত বলছিলেন, "শহর, মফসসলে পুরুষ-মহিলাদের কাজের বহর খেয়াল করলেই বোঝা যায়, মেয়েরা ঘুমের সুযোগ অনেক কম পান।"

আজ, শুক্রবার ১৮ মার্চ বিশ্ব ঘুম দিবস। ওয়ার্ল্ড স্লিপ সোসাইটির সাম্প্রতিক সমীক্ষা বলছে, বেশিরভাগ মহিলাই পুরুষদের তুলনায় রাতে কম ঘুমোন। ৮০০১ জনের মধ্যে এমন একটি সমীক্ষা চালানো হয়। দক্ষিণবঙ্গে

গৃহশ্রমিকদের নিয়ে কর্মরত একটি সংগঠনের কর্মীদেরও অভিজ্ঞতা, মেয়েদের ঘুম বড়জোর তিন থেকে পাঁচ ঘণ্টা। আকাশে চাঁদ থাকতে টাইমের কলের জল ধরা থেকে বাচ্চাদের স্থুলে পাঠানোর দায় থেকেই মেয়েদের আগে বিছানা ছাড়তে হয়।

ইএনটি এবং স্লিপ অ্যাপনিয়া সার্জন উত্তম আগরওয়াল বলছেন, "দুই-তৃতীয়াংশ মহিলাই পর্যাপ্ত ঘুমের সময় পান না।" মহিলাদের মানসিক স্বাস্থ্য, ঋতুচক্র বা হরমোনের পরিবর্তনের সঙ্গেও ঘুমের বিষয়টি জড়িত বলে তিনি জানান। স্লিপ মেডিসিন বিশেষজ্ঞ চিকিৎসক সৌরভ দাসের মতে, "দীর্ঘদিন ধরে কম ঘুমোলে ডায়াবিটিস এবং হৃদরোগের আশঙ্কা বাড়ে। গবেষণায় দেখা

গিয়েছে, ঘুমের অভাবে হৃদরোগে আক্রান্ত হয়ে মৃত্যুর আশঙ্কা ১১ শতাংশ বেড়ে যায়।"

গৃহশ্রমিকদের মধ্যে কাজে অভিজ্ঞতার ভিত্তিতে সমাজকর্মী ও সরকার, কাকলি দেব-রা বলছেন, হা গোনা পুরুষ বাড়ির কাজে মেয়েদের সহযোগিতা করেন। বাড়িতে, বাড়ি কাজের চাপই মেয়েদের ঘুম চুরি করে। একটা প্রধান কারণ। একই মত মত দফতরের আধিকারিক তানিয়া দত্ত তিনি বলছেন, "শিক্ষিত পরিবারে কর্মরত মেয়েদের অনেক মধ্য বাড়ির কাজ বা সন্তান দায়দায়িত্বে ফাঁক থাকলেও কাজ করে। বাড়তি কাজ করে 'সুপারউওয়ান' হতে চান। তাই ঘুমের দফা রফা হচ্ছে।"

OUR PUBLICATIONS

NEWS & ALL

- <https://idronlineorg.cdn.ampproject.org/c/s/idronline.org/article/gender/why-gender-equity-requires-working-with-men-in-power/?amp>
- <https://voicemalemagazine.org/call-men-embrace-gender-equality/>
- <https://www.anandabazar.com/lifestyle/phone-helpline-for-transgender-community-launched-in-kolkata-dgtl/cid/1358678>
- <https://www.groundxero.in/2022/06/17/domestic-workers-movement-beyond-pandemic/>
- <https://inscript.me/durgapuja-2022-of-maids-house-aids-bonus-disputes-and-celebration-of-tahader-pujo-2-robibarer-royak>
- <https://www.chsj.org/other-reports/>
- <https://www.chsj.org/articles/>

CHSJ FELLOWS AND ASSOCIATES

Satish Kumar Singh; Senior Advisor
Anchita Ghatak; Consultant
Jashodhara Dasgupta; Consultant

PARTNERS AND ADVISORS

The long-term sustainability of CHSJ's initiatives is only possible through relationships, partnerships, and alliances. Some key partners of CHSJ are:

Action India- Delhi; Dalit Human Rights Forum- Karnataka, FEM (Forum to Engage Men); FEM West Bengal; Institute for Development Studies (IDS), Sussex, UK; Gram Sudhar Samiti, MP, Health Watch Forum- Bihar; Health Watch Forum- UP; Jharkhand Women's Health Network; Holistic Action Research and Development, MP, Institute for Social Development, Odisha, Maternal Health Rights Campaign- Madhya Pradesh; MASVAW (Men's Action for Stopping Violence Against Women), MAE (Men's Actions for Equality); Maitree (Women's Network in West Bengal); National Alliance for Maternal Health and Human Rights (NAMHHR); National Forum for Single Women's Rights; Purna Bharti, Jharkhand, Right to Food (Maternity Entitlements); Sahayog Society For Participatory Rural Development, UP, Satyakam Jan Kalyan Samiti, MP, Vimarsh, Uttarakhand and Wada Na Todo Abhiyan.

ADVISORY SUPPORT

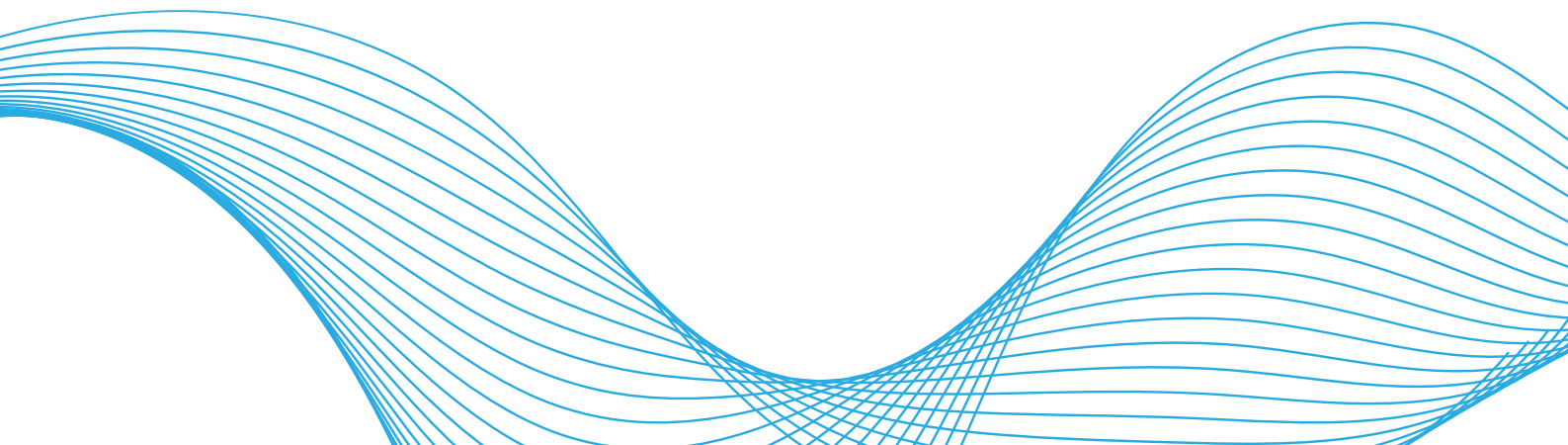
We would like to express our gratitude to the following individuals for their contributions and technical inputs in enhancing CHSJ's work during the year: Arima Mishra; Bijoya Roy; Imrana Qadeer; Jabeena; Jayeeta Chowdhary; K. B. Obalesh; Karibasappa; Lora Prabhu; Minakshi Sanyal; Nirmal Chandel; Manak Matiyani; Havovi Wadia; Rahima Khatun; Ratnabali Roy; Reetu Sogani; Shruthi; Smriti Shukla; Sanjay Srivastava; Sanjay Singh; Sanchali Sarkar; Venkatesh.

DONORS

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Internal Auditors: Ravinder Kumar Sharda
Statutory Auditors: Subhash Mittal & Associates



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Development Consultant and Child Rights Specialist.

- **Basavi Kiro**

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of Indigenous Women India Network (I WIN)

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Academician, Researcher and Feminist Scholar

- **Nasiruddin Haider Khan**

Communication Consultant

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CHSJ TEAM (2022 - 2023)

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 - Tumpa Manna
- 

GLIMPSES



Gender Mela 2022



Annual Conference of Women



State Level Dialogue and Networking Programs with Various Govt. Departments

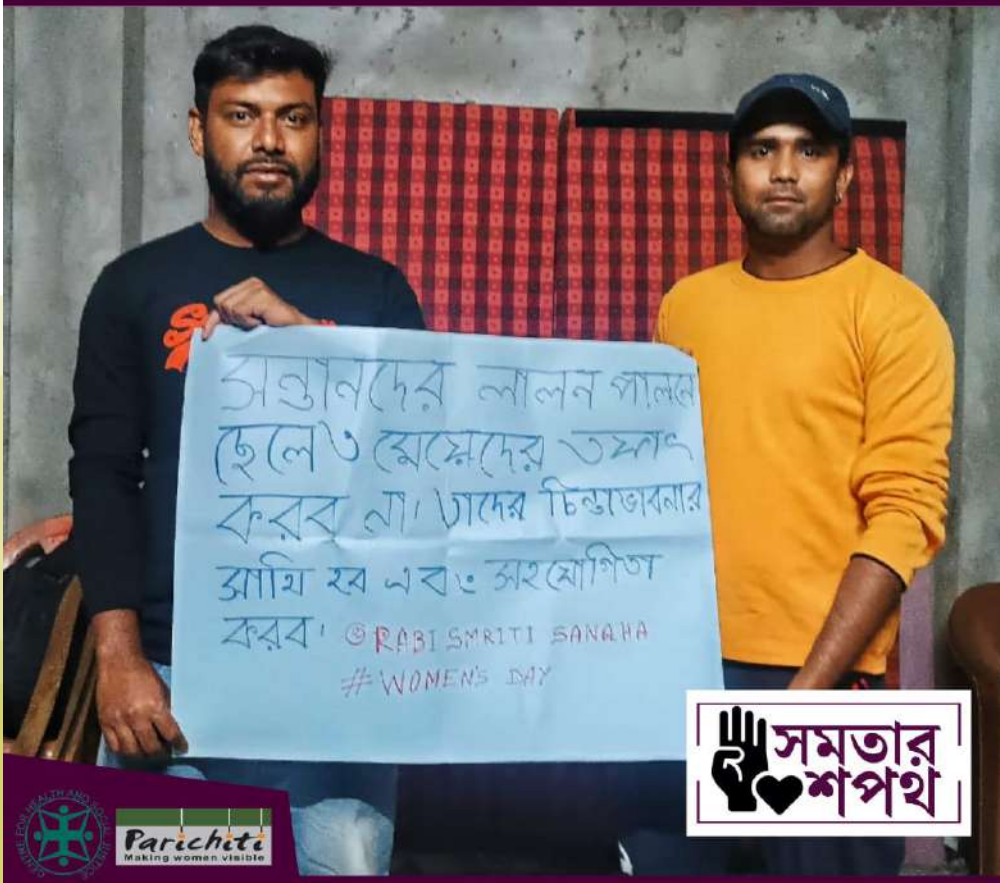


Engaging Men towards a change: together against GBV and referring survivors to Legal counselling sessions at the Crisis Support Centre - CSC

GLIMPSES



আন্তর্জাতিক নারী দিবস ২০২৩





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