

Key Indicators for Mizoram from NFHS-3	NFHS-3 (2005-06)	Residence		Education				NFHS-2 (1998-99)	NFHS-1 (1992-93)
		Urban	Rural	No education ⁴	<5 years complete ⁴	5-9 years complete ⁴	10 years complete and above ⁴		
Marriage and Fertility									
1. Women age 20-24 married by age 18 (%)	20.6	16.9	25.0	*	(42.9)	24.3	2.8	11.6	13.3
2. Men age 25-29 married by age 21 (%)	20.8	16.9	25.5	*	*	23.7	(10.1)	na	na
3. Total fertility rate (children per woman)	2.9	2.5	3.3	4.5	4.0	3.0	2.1	2.9	2.3
4. Women age 15-19 who were already mothers or pregnant at the time of the survey (%)	10.1	5.4	16.3	*	*	10.2	1.6	na	na
5. Median age at first birth for women age 25-49	22.3	22.9	21.4	20.3	20.6	21.3	≥25	22.8	22.0
6. Married women with 2 living children wanting no more children ¹ (%)	48.2	51.4	42.4	31.0	57.4	47.7	47.8	36.7	47.6
6a. Two sons	51.5	(63.6)	*	*	*	(44.0)	*	na	na
6b. One son, one daughter	51.7	51.9	(51.2)	*	*	53.7	(47.7)	na	na
6c. Two daughters	35.4	(35.7)	*	*	*	*	*	na	na
Family Planning (currently married women, age 15-49)									
Current use									
7. Any method (%)	59.9	64.3	54.8	37.0	56.7	62.4	64.6	57.7	53.8
8. Any modern method (%)	59.6	64.0	54.6	37.0	56.1	62.0	64.6	57.1	52.9
8a. Female sterilization (%)	42.9	46.0	39.4	22.0	48.0	44.7	42.0	45.2	44.5
8b. Male sterilization (%)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1
8c. IUD (%)	4.7	6.4	2.7	1.2	2.7	4.5	8.0	5.4	5.1
8d. Pill (%)	10.6	9.6	11.7	13.9	4.8	11.4	12.0	5.4	2.5
8e. Condom (%)	1.4	2.0	0.8	0.0	0.6	1.4	2.6	0.9	0.7
Unmet need for family planning									
9. Total unmet need (%)	17.3	13.8	21.4	28.0	20.3	16.2	13.9	15.5	11.9
9a. For spacing (%)	12.3	10.1	14.8	18.8	12.9	11.7	10.9	11.7	9.2
9b. For limiting (%)	5.0	3.7	6.6	9.2	7.5	4.5	3.0	3.7	2.8
Maternal and Child Health									
Maternity care (for births in the last 3 years)									
10. Mothers who had at least 3 antenatal care visits for their last birth (%)	57.8	75.1	41.3	(11.4)	35.2	61.3	82.8	75.1	69.2
11. Mothers who consumed IFA for 90 days or more when they were pregnant with their last child (%)	25.0	34.0	16.4	(5.9)	7.3	26.0	42.6	na	na
12. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%) ²	69.4	91.1	47.4	(23.6)	46.4	72.7	94.4	67.5	62.2
13. Institutional births (%) ²	64.6	89.8	39.1	(20.8)	41.3	65.9	94.4	57.7	48.5
14. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/other health personnel within 2 days of delivery for their last birth (%) ²	51.5	72.1	32.0	(14.5)	32.8	53.2	74.7	na	na
Child immunization and vitamin A supplementation²									
15a. Children 12-23 months fully immunized (BCG, measles, and 3 doses each of polio/DPT) (%)	46.5	57.1	36.6	*	*	52.1	(62.8)	59.6	56.9
15b. Children 12-23 months who have received BCG (%)	86.4	92.9	80.5	*	*	89.3	(97.1)	88.2	77.1
15c. Children 12-23 months who have received 3 doses of polio vaccine (%)	63.5	71.4	56.1	*	53.3	71.0	(71.6)	71.9	69.7
15d. Children 12-23 months who have received 3 doses of DPT vaccine (%)	66.8	75.7	58.5	*	52.8	72.5	(82.4)	69.5	71.6
15e. Children 12-23 months who have received measles vaccine (%)	69.5	80.0	59.8	*	52.4	75.1	(82.6)	71.0	65.1
16. Children age 12-35 months who received a vitamin A dose in last 6 months (%)	45.6	46.8	44.4	*	37.4	49.4	52.6	na	na
Treatment of childhood diseases (children under 3 years)²									
17. Children with diarrhoea in the last 2 weeks who received ORS (%)	51.2	(75.7)	(19.4)	*	*	(46.2)	*	44.7	20.8
18. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	28.3	(35.1)	(19.4)	*	*	(29.1)	*	33.7	30.6
19. Children with acute respiratory infection or fever in the last 2 weeks taken to a health facility (%)	51.1	(63.3)	(36.4)	*	*	56.5	*	na	na
Child Feeding Practices and Nutritional Status of Children^{2,3}									
20. Children under 3 years breastfed within one hour of birth (%)	65.4	59.9	70.7	(88.4)	58.9	62.3	69.6	54.0	30.5
21. Children age 0-5 months exclusively breastfed (%)	46.1	(44.1)	(48.4)	*	*	(41.8)	*	na	na
22. Children age 6-9 months receiving solid or semi-solid food and breastmilk (%)	(84.6)	*	*	*	*	(81.0)	*	na	na
23. Children under 3 years who are stunted (%)	35.1	28.1	42.2	(29.9)	48.2	36.6	25.6	41.3	41.0
24. Children under 3 years who are wasted (%)	9.7	9.7	9.8	(29.9)	4.9	10.7	4.3	13.3	5.2
25. Children under 3 years who are underweight (%)	14.2	10.2	18.2	(19.9)	25.6	14.7	4.4	19.8	17.2
Nutritional Status of Ever-Married Adults (age 15-49)									
26. Women whose Body Mass Index is below normal (%)	15.3	11.0	20.7	26.2	19.3	16.4	5.8	22.6	na
27. Men whose Body Mass Index is below normal (%)	6.0	5.5	6.7	*	(10.7)	5.5	4.6	na	na
28. Women who are overweight or obese (%)	12.0	18.3	4.3	0.0	8.2	12.7	17.5	5.3	na
29. Men who are overweight or obese (%)	16.9	22.5	10.6	*	(18.9)	15.5	21.6	na	na
Anaemia among Children and Adults									
30. Children age 6-35 months who are anaemic (%)	54.7	46.1	62.8	(90.7)	69.4	50.7	42.3	57.2	na
31. Ever-married women age 15-49 who are anaemic (%)	40.7	32.5	50.3	65.3	50.7	37.8	31.3	48.0	na
32. Pregnant women age 15-49 who are anaemic (%)	51.7	(50.0)	52.5	*	*	(53.6)	*	45.7	na
33. Ever-married men age 15-49 who are anaemic (%)	20.3	11.0	30.7	*	(34.3)	17.9	12.9	na	na
Knowledge of HIV/AIDS among Ever-Married Adults (age 15-49)									
34. Women who have heard of AIDS (%)	93.5	98.9	87.3	45.2	92.7	98.0	99.6	93.2	84.8
35. Men who have heard of AIDS (%)	96.1	100.0	91.8	*	(89.8)	99.1	98.3	na	na
36. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	87.6	93.1	81.2	36.6	87.7	92.2	93.8	na	na
37. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	91.7	95.1	87.9	*	(78.8)	95.6	94.5	na	na
Women's Empowerment									
38. Currently married women who usually participate in household decisions (%)	70.4	72.6	67.8	73.2	74.1	65.9	77.2	na	na
39. Ever-married women who have ever experienced spousal violence (%)	22.1	20.4	24.0	29.8	29.0	21.6	14.9	na	na

na : Not available

nc : Not calculated because there are no cases

() Based on 25-49 unweighted cases

* Based on fewer than 25 unweighted cases

¹ Excludes pregnant women.

² Based on the last 2 births in the 3 years before the survey to ever-married women.

³ Based on WHO standard.

⁴ For children education refers to mother's education. Children with missing information on the mother's education are not included in the education columns.