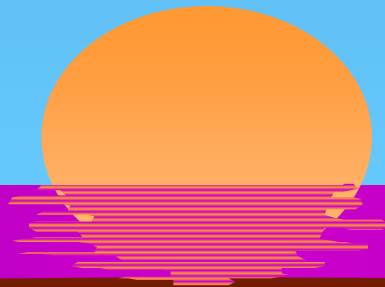
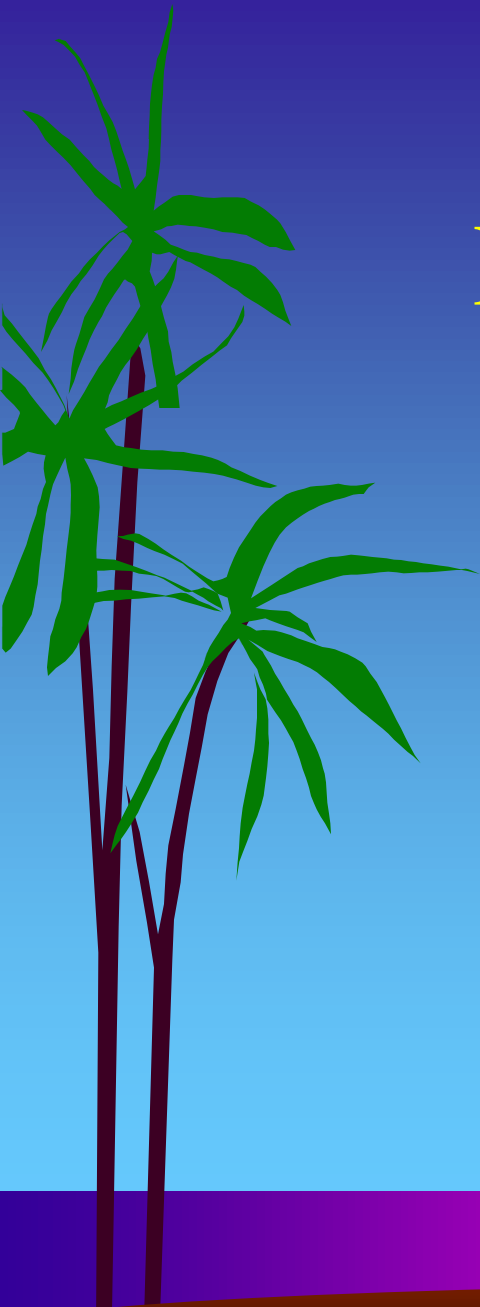


Reproductive Health



What is Reproductive Health

RH is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity, in all matters relating to the reproductive system

- ◆ *Implies a satisfying and safe sex life*
- ◆ *Capability to reproduce, and capability to decide if, when and how often*
- ◆ *To be informed and to have access to safe, effective, affordable and acceptable methods of FP*
- ◆ *Safe pregnancy, child birth, and a healthy infant*
- ◆ *Sexual health which is not merely related to care and counselling but the enhancement of life and personal relationships*
- ◆ *Life cycle approach*



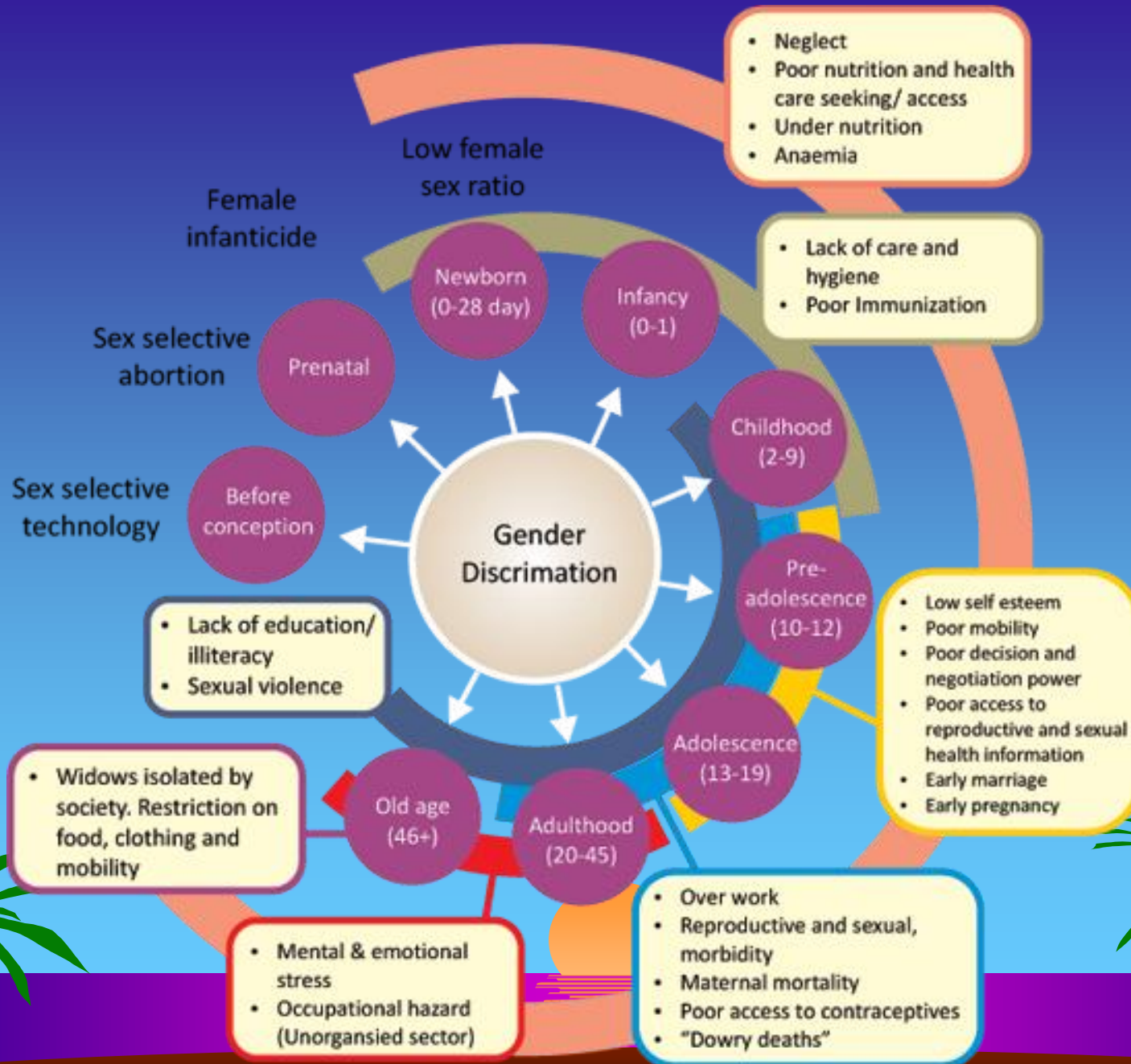
--ICPD, Cairo

Life cycle approach

- ◆ Over the years, women's health needs have been addressed through maternal and child health programmes, focusing primarily on narrow aspect of their lives. ... This lifecycle approach extends beyond women's reproductive role to encompass women's health at every stage and in every aspect of their lives.



Life Cycle Approach: source: Chetna



An essential package of services

Which includes.....

- **Services to promote safe motherhood**
- **Prevention and Management of unwanted pregnancy including safe abortion**
- **Nutritional services of vulnerable groups**
- **Prevention and care of reproductive tract infections and sexually transmitted infections, including HIV**
- **Reproductive health services for adolescents**
- **Health, sexuality and gender information, education and counselling**
- **Establishment of effective referral systems**



THANK
YOU!

