



Case Study of Jeewan

Introduction: I live in Village Panchayat Rikheli. I am a permanent resident of Patti Uchhakot District Nainital. I have completed my Bachelor's degree. I am 28 years old. I am married and have a daughter. The name of my wife is Asha. She works as an ASHA in the village. In 2007-2008, I worked for 2 years as an Instructor in the Formal Education started by Directorate of Education in which there was an effort to promote education among weaker students.

I had very little understanding of this issue. But during the training, Violence against women, domestic violence, dowry demands, verbally abusing women, and other atrocities were discussed and then I got to know about social realities and that violence is not a private matter, but is a social issue. Through the trainings I realized that when I was working as the Instructor, that boys were weaker in studies and used to avoid coming for classes, even though girls were fewer in number in any case. I understood that girls were better in studies than boys. Now I work in the vegetable market and I realized for the first time that around 80% of work is done by women yet it is the men who are present at the time of selling, and use the received money as per their wish. Although this is not new and has been happening for a long time, but after the training my analysis skills have gone up.

There were several changes in my life after the trainings like I have started taking an interest in social work and social activities. I discuss these with my family and village. I can say this about myself that my wife used to go outside for her work and I used to stay within the home- but at that time I used to stay frustrated but now I understand my responsibilities.